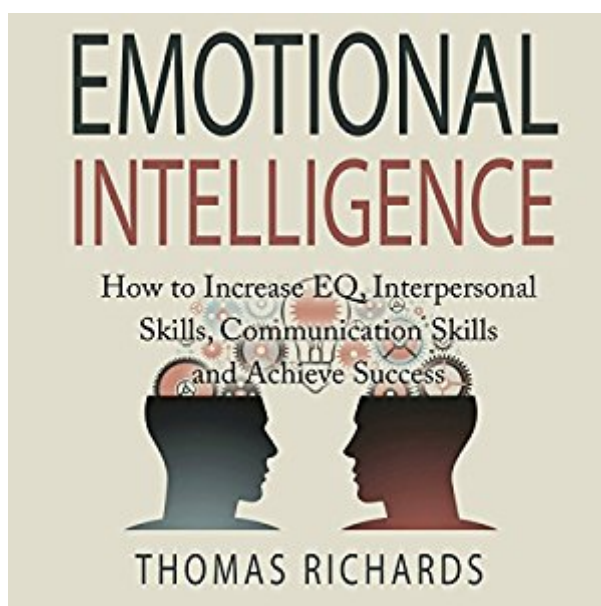


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# Emotional Intelligence: How To Increase EQ, Interpersonal Skills, Communication Skills And Achieve Success



## Synopsis

Do you struggle with emotions? Have your emotions interfered with your success? Do you want to learn how to master your emotions? Would you want to increase your emotional intelligence? Throughout this book, you will understand the techniques to mastering your emotions and increasing your EQ, interpersonal skills, and communication skills. Having the ability to command your emotions and understand them will help you maximize success!

## Book Information

Audible Audio Edition

Listening Length: 2 hours 37 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Thomas Richards

Audible.com Release Date: December 11, 2015

Whispersync for Voice: Ready

Language: English

ASIN: B019745WOS

Best Sellers Rank: #14 in Books > Law & Procedures > Alternative Dispute Resolution  
#60 in Books > Medical Books > Psychology > Movements > Jungian #88 in Books > Audible Audiobooks > Nonfiction > Law

## Customer Reviews

This is a very rudimentary discussion of EQ. I agree with other contributors that the misspellings and grammar problems add to the overall impression that this is not a serious book on an important subject.

Very short and shallow. Enumerates some aspects of EQ but doesn't give any useful information beyond what is just obvious. It feels more like reading a magazine article than a book.

This book reads like a low-budget regurgitation of the original. I bought the Kindle version for a book club at work. I've compared my eBook to a paperback and we both have typo complaints. It certainly is an easy read but that's about all I can recommend.

Im an power user but this is my first review of a product. This book is written very poorly (editing is

bad, answers to the test at the end are illogical, etc.). Go for something else.

This book clarified Emotional Intelligence unmistakably, beginning from what enthusiastic insight was. It gave some exceptionally valuable tips on gauging feelings, and completely clarified each one. Straightforward, definite and authentic. Inside this book is a heap of data about enthusiastic insight, recognizing your feelings, responses and practices in a specific matter in your life. I would need to say, the writer made a fantastic showing helping the reader comprehend Emotional Intelligence. The creator likewise diagrams approaches to increment Emotional Quotient and gives useful tips to mastering your feelings. By and large, I discovered this to be an exceptionally instructive, fast and simple read. The creator will likewise direct you on how you can build your enthusiastic insight. This book will challenge the reader to look at themselves, and additionally others, which are both keys for passionate insight. It was a fast and exceptionally enlightening read that I would recommend with reservation. I did find now and again that the organizing of the various chapters a bit abnormal as though they were written in a hurry, and also editing was lacking.

first of all i want to let you know that i buy this product on a sale , i have 2 questions i dont know i its that is giving me the sale or the person that is selling the product , but i think its a good way to help the people ofr buying .I always let my emotions get the best of me, so when this comes i stop and look what is happening , clearly this book helps people to maximize the emotional intelligence , im studying psychology and i am in my last year , so when i read this book i really likes cause helps people to raise a lot of things . this part o the book got my attention and its that the creator likewise diagrams approaches to increment Emotional Quotient and gives useful tips to mastering your feelings

Our mind is definitely the most powerful part of our body. And as an individual I have a different intelligence and also others. With the help of this book anyone will and can understand the emotional intelligence and how to act on it. I have learned a lot from this book and understood everything about my emotions. This book would be great to read for everyone.

I highly recommend this book to anyone looking to learn about emotional intelligence. Controlling my emotion is one of my biggest weaknesses. I have been reluctant to admit that I am overly sensitive. I got this book because I wanted to know how to obtain emotional intelligence. I have started practicing what I learned here. It is not easy but as days go by I can feel that I am improving.

Being able to communicate without even speaking is such a skill. You can't just talk to someone and not feel any emotions. Learning interpersonal skills is good way to communicate.

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